

October's Theme

The Divine Quest

Today's Lesson:
The Quest

The Quest

During the month of October we are going to explore our journey as spiritual beings, as hero's in a metaphysical world of constant change.

A hero is someone who has given his or her life to something bigger than oneself. -Joseph Campbell, A Hero's Journey

The Quest

The Maricopa Center for Learning and Instruction (MCLI) summarizes The Hero's Journey using the following steps:

- The Call to Adventure
- The Refusal of the Call
- Supernatural Aid
- The Crossing of the First Threshold
- The Belly of the Whale

The Quest

The Call to Adventure

Many of us were called to walk a spiritual path that was different from our parents, family, or friends.

Many of us came into Unity unconsciously, not knowing why we were here, but feeling that it was the right place to be.

Some came consciously looking for change and found a spiritual path and home.

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The Refusal of the Call

Over the years I have seen people come into New Thought only to leave it out of fear and pressure by family members, or a sense of inadequacy based on old patterns of belief that they weren't good enough to receive all the good that God has for them.

Others leave because they find it hard and full of responsibility.

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Supernatural Aid

Feeling the presence of God in one's life is monumental, a major leap in consciousness for the individual.

For many it's the first time they feel connected to the Lord of their Being.

They discover that the Universe is there to support them in many different ways.

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The Crossing of the First Threshold

This is the area where many people have trouble, leave, and go back to their old beliefs where they know the rules (doctrine) and limits (dogma) of their religion.

Unity requires each person to boldly go into the unknown where anything is possible, where limitless blessings await them.

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The Belly of the Whale

We each have a Jonah within us. We all have experiences that challenge us. It is during these times that we find ourselves in transition as we move from old ways of thinking and doing, fully realizing and accepting our spiritual path and the principles that will guide us on our new quest.

The Quest

What is spirituality and why is it important to understand its purpose on our quest?

Sharon Janis in her book, Spirituality For Dummies shares her insights:

The study of spirituality goes deeply into the heart of every matter and extends far beyond the physical world of matter.

Spirituality connects us with a profoundly powerful and divine force that's present...

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... in this universe and will provide us with inner peace, supreme enlightenment, and effective guidance to achieve our dreams.

Try as you may, no financial or societal stature will help you get ahead in life as much as spiritual wisdom.

No amount of outer effort bears as much fruit as understanding and flowing with the spiritual laws of this universe.

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None of the famous and powerful people you know can "connect" you like the power of knowing your own self.

No friend can love and guide you as much as the truly best friend who exists behind all friends, behind all enemies, and in your very soul.

As a spiritual being, just hearing the right words may trigger your awakening.

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The hero will often come upon distractions in the form of experiences that will test their ability to do one of two things:

Take the materialistic (Ego) approach using the five senses and try fixing things by moving stuff around.

Take the spiritual (Spirit) approach by "seeing" beyond *what is* to *what could be*. As they move their consciousness upward.

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The spiritual approach leads the hero into a greater awareness of knowing and connecting to a power greater than themselves.

It speaks to the hero in such a way that tells him or her, at depth, that there is more to what they see, hear, taste, touch, and smell.

It opens their world to a whole new way of thinking and looking at life.

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Their inner-self begins to ask, "What if?"

What if this world is a school for the soul, a place of learning and growth?

What if the experiences most people label as "bad" end up being some of the most precious transformational tools you ever encounter?

What if true wealth is measured differently than how Wall Street says it is?

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What if the most important action you can perform in this life is to expand your own awareness into the highest realms?

The majority of men live without being thoroughly conscious that they are spiritual beings. -Soren Kierkegaard, Father of New Thought

So join me for

The Simple Truth
