

November's Theme

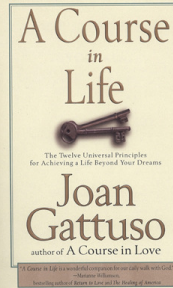
The Divine Transformation

Today's Lesson:

The Transformed Life

A copy of Rev. Chuck's PowerPoint notes are available @ www.unityofbakersfield.org

The Transformed Life

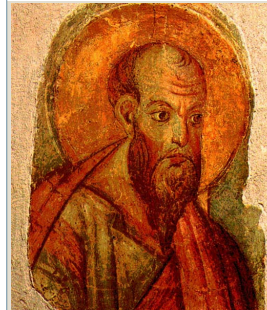


The world is not what it appears to be. We perceive the world according to our consciousness.
-Joan

The Transformed Life

*Where does all transformation begin?
Within us at the very center and powerhouse of our being:
The Mind, hence...*

The Transformed Life



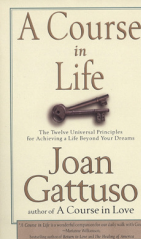
Be transformed by the renewal of your mind.
--St. Paul

The Transformed Life



All transformation beings within the mind. In order to achieve our goal we must create a mental image of what we desire. --Emmet Fox

The Transformed Life



In her book Joan tells us that if we are to commit to being transformed we must keep in mind, and be aware of, the law of mind action: *Thoughts held in mind will produce after their kind.*

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What are some of the thoughts that you hold in mind that have helped you create your world?

What are some of the feelings associated with those thoughts that have helped you create your world.

What are some of the demonstrations and manifestations you want to transform?

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Our thoughts are ideas, notions, concepts, images created by our thinking faculty of mind.

No matter what the thought may be, it will always be a thought until a catalyst is added.

The catalyst can be any one of our many feelings.

Thoughts + Feelings = Manifestations

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Joan shares with her readers how this process plays out in the life of "Susan."

Her constant thoughts are about her career, superiors, and colleagues, which she holds in her consciousness. They look like these:
They only want to shuck the lifeblood out of me.

Companies don't care about their employees.

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All the people here are cutthroats, only out for themselves.

I can't trust anyone, let alone the organization.

These are thoughts mixed with the catalytic feelings of anger, fear, and resentment, which produce fears for her future, greater anger and disillusion with co-workers, a sense of being victimized by other people's actions or non-actions.

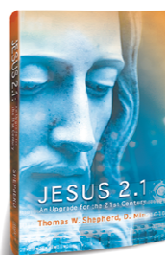
The Transformed Life

Her days and nights are filled with feelings that result in a constant reenactment and recycling of these thoughts held in mind creating a life of dissatisfaction and misery.

This is not living, it's dying a slow painful emotional death of her own making.

It's ego's activity of spiritual suicide at its best.

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The writer of Matthew has Jesus explaining sin:
Therefore I tell you, every sin and blasphemy will be forgiven men, but the blasphemy against the Spirit will not be forgiven. What's missing here? What about #7?

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If we are to truly live the life we are meant to live then we must be committed to waking up and realizing our true potential as God's beloved children.

If we want to change our circumstances, situations, lot in life, then we must make the changes in how we view, think, and respond to bosses, colleagues, work environment, friends, family, government, and so on.

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In Susan's world a change in how she views her surroundings will require a major shift if consciousness building by:

Mindfully and systematically replacing her sense of anger and fear with acceptance and love.

Working with someone who can help her start to heal the emotional issues that have created her misery.

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Learning ways to respond from a place of peace, contentment, caring, and compassion.

Practicing seeing others in the same way she see's herself – people doing the best they can.

Then affirm daily: *Yes, I am deserving. Yes, God wants only good for me. Yes, everything is possible and spiritually true as I trust and practice the principles.*

The Transformed Life

Joan reveals that the great news about our consciousness is that it is not set in stone; it is not predetermined; but it grows, expands, and changes as we allow it to. It can be transformed, thus transforming you in the process. Is there hope for the world?

We'll look at that question next week with:

Vision Quest

as we begin our advent season with hope.