

“Claiming My ‘Peace’ of Heaven in 2011”

Today’s Lesson

In The Know

*PowerPoint notes are available at
www.unityofbakersfield.com*

In The Know

“You will know the truth, and the truth will set you free.” -Jesus

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In his article, What Is Truth, Matt Slick writes: “What is truth?” is a very simple question. Of course, answering it isn't so simple. We can offer definitions like "Truth is that which conforms to reality, fact, or actuality." But this basic definition is not complete because its definition is open to interpretation and a wide variety of applications.

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What is reality? What is fact? What is actuality? How does perception effect truth? We could offer answers for each of these questions, but then we could again ask similar questions of those answers... If we ever hope to determine if there is such a thing as truth apart from cultural and personal preferences, we must acknowledge that we are then aiming to discover something greater than ourselves, ...

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...something that transcends culture and individual inclinations. To do this is to look beyond ourselves and outside of ourselves. In essence, it means we are looking for God. God would be truth, the absolute and true essence of being and reality who is the author of all truth. If you are interested in truth beyond yourself, then you must look to God.

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“But seek first his kingdom and his righteousness, and all these things shall be yours as well.” - Jesus

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Robert Barth, former VP of Unity Institute once said, "I used to believe that there were only two reasons why anything ever happened to a person, but I don't believe that any more. I used to think that something happened to you either for you to be blessed or for you to give a blessing. Now I believe the only reason anything happens to you is for you to know God."

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To know God is to be in the know.
To know God is to know the truth that will set you free.
The truth that Jesus spoke of that sets us free comprises these elements: absolute, unlimited, unchanging, complete, ultimate reality, and eternally good.

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The truth Jesus taught about is universal and everywhere present.
It is the underlying essence of everything we see and sense. For the relative world in which we live does not exist independently.

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The relative world in which we move and live came into being through the power (energy) of thought.
Our relative world changes according to our thoughts, attitudes, beliefs.

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"It is your father's good pleasure to give you the kingdom." – Jesus
Since our relative world is not permanent or unchangeable, we begin to understand that all things can be healed and transformed.

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Four steps to being in the know:
Continue to seek spiritual knowledge.
As you do you'll find that it's a never-ending adventure toward oneness with God.
Once connected you'll discover the wonders that await you.