

***“Claiming My ‘Peace’ of
Heaven in 2011”***

Today’s Lesson

The Trinity of Be, Do, Have

*PowerPoint notes are available at
www.unityofbakersfield.org*

The Trinity of Be, Do, Have

Our use of the trinity be, do, and have rests with our ability to comprehend and use the spiritual principles that govern the creative process.

Unity’s understanding of the creative process is found in its creed and summed up in these five statements:

1. There is only One God...

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2. Each of us has the divine spark we call the Christ within us...
3. We create our world through the law of mind action...
4. We connect to our source through prayer and meditation...
5. We must live the truth by putting the principles to work...

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There is no predestination, blueprint, or fate that rules our lives. We, with the power to choose our thoughts moment to moment, create a life filled with experiences of every kind. We are co-creators with God in this process. –Ellen Debenport, The Five Principles

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Ask and it will be given to you; search and you will find; knock and the door will be opened for you. –Jesus

All that we are is the result of what we have thought, like a shadow that never leaves. –Buddha

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Every person on the face of the earth is involved in the creative process whether they understand the process or not the law continues to work.

Each of us has within us a desire to be, do, or have something in our lives.

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And behind every desire there are two activities taking place on a conscious and subconscious level, that which you desire and its opposite.

I want to be well;

I don't want to be sick.

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I want financial security;

I don't want to be poor.

I want the perfect relationship;

I don't want to be alone.

I want a good paying job;

I don't want to be stuck in a low income job.

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The key to understanding our thoughts and how they influence our desires is summed up in this statement from the book, Ask and It Is Given by Esther and Jerry Hicks: *As long as you are more aware of what you **do not** want regarding any situation, what you **do** want cannot come to you.*

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Anything you give your attention to will become your "truth." The Law of Attraction says that it must. Your life, and everyone else's, too, is but a reflection of the predominance of your thoughts. There is no exception to this creative process.

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The creative process is a simple one. After all Jesus said, *Ask, seek, knock and it will be yours.*

Esther and Jerry write: Step one is asking (your work); Step two is waiting for the answer (Spirit's work); Step three is to allow the answer to work through you (your work).

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But Rev. Chuck I can't control my thoughts, especially the negative ones that seem to control me.

It's not about controlling your thoughts, it's about guiding your thoughts. Ask and It Is Given

That which I fear has come upon me.

-Job