

“Claiming My ‘Peace’ of Heaven in 2011”

Today’s Lesson

The Awakening

*PowerPoint notes are available at
www.unityofbakersfield.org*

The Awakening

“I am a child of God and therefore I do not inherit sickness.”

Myrtle Fillmore’s moment of awakening to the divine presence that resided within her. The presence of God waiting to be discovered, realized, and the manifested in her life.

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“Come inherit the kingdom prepared for you from the foundation of the world. For it is your Father’s good pleasure to give you the kingdom.”

- Jesus

It is yours by divine right of consciousness!

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The late Eric Butterworth in his article, The Relentless Stream of Truth wrote: *There are millions of people in the world today who have either given up on or have never believed in religion. These people say, in effect, “I would rather have a good job, money in the bank, a healthy body, a circle of loved ones, a world at peace, than the promise of a reward in some vague afterlife.”*

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In ages past, such talk would have been caused one to be killed for heresy. For illness, we turn to the doctor; for guidance, we turn to the psychologist; for our daily bread, we turn to the marketplace. And yet where do we turn for that inner restlessness in us that is never satisfied?

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Myrtle Fillmore once said: “All of us sooner or later come to the place in our development where we are no longer satisfied to go on living the old life, without the knowledge of our oneness with God, the Source of our being. Sometimes when we reach this point in our soul’s progress, we do not at first know just what is taking place.”

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We may become restless and dissatisfied.

We may go through experiences that we do not understand.

We may be tempted to think that our good has gone from us.

We may feel alone and abandoned because our old beliefs that once served us no longer have meaning and purpose.

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These experiences are part of the awakening process of allowing yourself to have a greater awareness of the divine presence in your life.

Every person on earth encounters these experiences. The Book of Job is the metaphorical story of this process called the awakening.

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Humankind has been on a journey of discovery from the beginning. A journey of self-awareness, wonder, and awe as we looked at the world around us and tried to figure out how it all works.

And in that process we created “gods” to explain the unexplainable. Over time teachers have come to help us awaken to the truth within ourselves.

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You will know the truth and the truth will set you free. For God is Spirit and those that worship God must worship in spirit and truth. - Jesus.

It is my hope as a Hindu that Christians and Muslims not become Hindus, but that they aspire and strive to be better Christians and Muslims. - Gandhi

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In the study of spirituality and the religions of the world three things stand out:

1. All movements had its beginning in the inspiration and revelation of an individual. All sacred writings, all creeds and rituals, all institutions of every religion in the world are the product of firsthand experiences in the inner lives of various people.

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2. The movers and the shakers of the world religions and movements are those who believed they stood face to face with God, and heard God’s voice or felt God’s presence in their souls.

3. Thus the sacred writings we have today are simply the written experiences of people in all ages who felt they had a special revelation or Truth they wanted to convey to others.

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Each of us can create an environment in our minds and hearts for achieving an awakening for ourselves.

1. Pray daily by going within your sacred place and pray to God who hears you.
2. Read spiritual and inspirational writings to reconnect with your "Christ consciousness," the image and likeness of God in you.

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3. Use the power of affirmations to help you develop positive statements about yourself and your process as you release old beliefs and negative thoughts.
4. Be aware of the good around you. Look for it. Find the good in every encounter or situation.
5. Cultivate and practice an attitude of gratitude in all you do and say.

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Unity teaches that:

To Jesus, God was not a formula to be explained, or a dogma to be believed, least of all a name to conjure by. God was the wondrous life welling up in Him, the true essence of His Christhood. This was to Jesus an actual experience in consciousness available to all, to every man and women, all they had to do was to awaken to the truth within themselves, to become aware of the truth that God had written in their hearts, the meaning of their true authority, their own Christ consciousness.