

“Claiming My ‘Peace’ of Heaven in 2011”

Today’s Lesson

What Are You Aiming At

*PowerPoint notes are available at
www.unityofbakersfield.org*

What Are You Aiming At

“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.” –Jesus

What Are You Aiming At

What are you asking for and how are you asking?
What are you hoping to find and where are you looking for it?
What kind of doors are you knocking on and how are you knocking?

What Are You Aiming At

To aim is: To direct toward or intend for a particular goal or group; To determine a course or direct an effort; propose to do something; **intend.** American Heritage Dictionary

What Are You Aiming At

As a metaphysician, the definition to aim means:

- A**ffirm
- I**nvoke
- M**anifest

What Are You Aiming At

A man observed a woman in the grocery store with a three year old girl in her basket. As they passed the cookie section, the child asked for cookies and her mother told her “no.” The little girl immediately began to whine and fuss, and the mother said quietly, “Now Ellen, we just have half of the aisles left to go through; don’t be upset. It won’t be long.”

What Are You Aiming At

He passed the mother again in the candy aisle. Of course, the little girl began to shout for candy. When she was told she couldn't have any, she began to cry. The mother said, "There, there, Ellen, don't cry. Only two more aisles to go, and then we'll be checking out."

What Are You Aiming At

The man again happened to be behind them at the checkout, where the little girl immediately began to clamor for gum and burst into a terrible tantrum upon discovering there would be no gum purchased today. The mother patiently said, "Ellen, we'll be through this checkout stand in five minutes, and then you can go home and have a nice nap."

What Are You Aiming At

*The man followed them out to the parking lot and stopped the women to compliment her. "Ms, I couldn't help noticing how patient you were with little Ellen during your shopping."
"Thanks," replied the mother, "However, my daughter's name is Tammy... I'm Ellen."*

What Are You Aiming At

Ellen's aim was to do her shopping as quickly and peacefully as she could.
She used affirmations, she invited calmness into the moment, and she manifested patience and peacefulness.

What Are You Aiming At

Affirm

When affirming be sure to ask: What is it that I want to changed in my life?
What is it that I want more or less of?
I of myself can do nothing...

What Are You Aiming At

Invite

We are always inviting others into our lives, and the experiences that come with that invitation. Ask: Who am I inviting and why?
Now invite the presence of Spirit to be your guide, invite the presence of love, of light, of patience, of tolerance, of forgiveness to be at the center of this transformation in creating something new.

What Are You Aiming At Manifest

The end result of what we are aiming at shows up in our lives as our experiences - the manifestation of our consciousness. If you do not like what is being manifested then return to the previous two steps to find out what you are affirming and inviting?

What Are You Aiming At Mental Inventory

Sit for a half hour every night and mentally forgive everyone or anything against whom you have any issues with. - Charles Fillmore

Affirm that divine love surrounds and enfolds you as you **invite** the presence of Spirit to be active in the transformation. Now visualize forgiveness taking place so you can feel peace, understanding, order, and harmony being **manifested**.

What Are You Aiming At

Forgiveness allows us to see our target and what we are aiming at with clear vision.

Forgiveness allows us to see why things happened in a certain way and at a certain time.

I now forgive myself for all known and unknown limitations I have placed upon myself and others. -Joan Gattuso, [A Course In Life](#)