

# “Claiming My ‘Peace’ of Heaven in 2011”

## Today’s Lesson

### **Your Keys To Freedom**

PowerPoint notes are available at [www.unityofbakersfield.org](http://www.unityofbakersfield.org)

## **Your Keys To Freedom**



Freedom has been defined as the power to think or act without restraint; the capacity to exercise choice. (American Heritage Dictionary Online)

## **Your Keys To Freedom**

Mine eyes have seen the coming of an age that is to be, when from every limitation I shall know that I am free; For the age is rich in promise and my soul has eyes to see God’s Truth is marching on.



## **Your Keys To Freedom**



“If you hold to my **teaching**, you are really my disciples. Then you will know the **truth**, and the truth will set you **free**.” –Jesus (John 8:31-32)

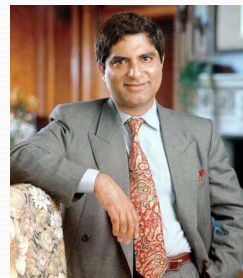
## **Your Keys To Freedom**

Bondage or liberty, which?



Dr. H. Emilie Cady asked this question in her book, *Lessons In Truth*. She followed it with this: Every man believes himself to be in bondage to the flesh and to the things of the flesh (ego). All suffering is the result of this belief.

## **Your Keys To Freedom**



Freedom comes from the experiential knowledge of our true nature, which is already free. The real you is your spirit, not your ego. – Deepak Chopra from *Power, Freedom, & Grace*

**Your Keys To Freedom**

**DO NO HARM**  
**DO NO HARM**

Every person on this planet is free to decide for themselves what they want to do. Each of us is free to be spirit led or ego directed. With each choice comes a response for us to learn from. Some choices put us in bondage and some set us free.

**Your Keys To Freedom**

**Key #1**  
*Look only to God as your Source.*



**Your Keys To Freedom**

**Key #2**  
*Make no mental images of lack. Speak no words of limitation.*



**Your Keys To Freedom**

**Key #3**  
*Never strive to get something for nothing.*



**Your Keys To Freedom**

**Key #4**  
*Use your supply for good purposes only by keeping it circulating wisely.*



**Your Keys To Freedom**

**Key #5**  
*Don't worry about others. Let go and let God work in your affairs.*



## Your Keys To Freedom



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*Someone once said,  
"True freedom comes  
from living in the  
present moment  
enjoying the gifts our  
choices make in every  
successive moment of  
the present."*