

UNITY
CHURCH OF BAKERSFIELD
"A POSITIVE PLACE TO GROW!"

Today's Lesson
A Matter of Truth
PowerPoint notes available at:
www.unityofbakersfield.org

A Matter of Truth

Did you know that 19th century agriculture was the #1 labor force, then during the 20th century industry took over that spot. And now information leads the way.

A Matter of Truth

While researching Old Testament history online I came across this tidbit of information that some Biblical scholars believed was the reason God created Eve. In keeping with the seven days of creation these are their seven reasons:

A Matter of Truth

#7 Adam was constantly getting lost in the garden and wouldn't ask God for directions.

A Matter of Truth

#6 Adam would never be able to find a new fig leaf once the one we was wearing had worn out.

#5 Adam would never be able to populate the world because he wouldn't be able to handle childbirth.

#4 As keeper of the garden he needed someone to remind him where he put his tools.

#3 Adam needed to have someone to blame when things went wrong.

#2 God knew Adam could never handle being alone with just the animals.

A Matter of Truth

And the Number One Reason...

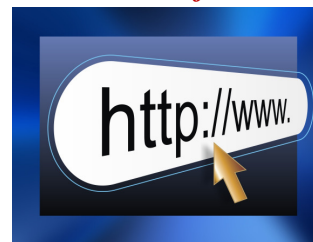
#1 God, after watching Adam for awhile, scratched his head and said, "I think I can do better."

A Matter of Truth



There was a time when we went to libraries to get our information. But not all the info was accurate.

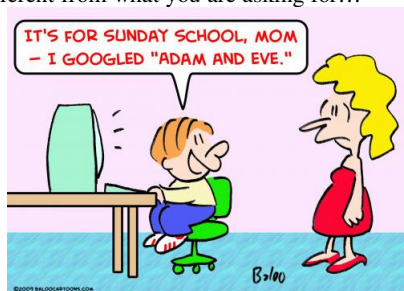
A Matter of Truth



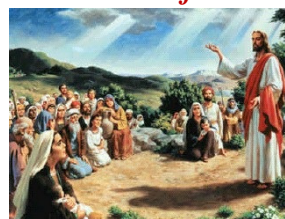
And now it's the internet. And a lot of the information out there is also unreliable as being true.

A Matter of Truth

And in some cases you get something totally different from what you are asking for...



A Matter of Truth



When Jesus taught that the people would know the truth and that truth would set them free, there were no local libraries or the internet to go to and get that truth. It had to come from within them.

A Matter of Truth

Using the method of discernment on that statement from Jesus we can understand that he was giving the people another option of looking at life and their relationship with God.

What I believe he was trying to do in his ministry was to help people move from false beliefs about their relationship with God. A belief built upon the Mosaic law that required strict adherence to God's rule of law and rituals.

One such law was working on the Sabbath. Another was that the kingdom was already here and within them.

A Matter of Truth

The other truth he taught was that love and forgiveness were the only important things in one's life.

When we are able to love unconditionally as God loves, then we will come to realize we don't have to live in our self created hell. Which by the way does not exist as a physical place, but only as a metaphor. We only need to look at the Genesis story writers to understand their thought processes on that point.

A Matter of Truth

And when it came to absolutes in his teachings there was only one, and it was God alone. For Jesus God was the Universal Principle unfailing and always supporting. That there are many channels, many blessings.

In Matthew it is written: "But I say to you, love your enemies and pray for those who persecute you, so that you may be sons of your Father who is in heaven; for He causes His sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous." This was a major game changer!

A Matter of Truth

Jesus's mission was to help change the world's attitude about God by seeing God as a loving, all providing parent, ready to support us in every way. We've all heard the cliché "***Attitude is everything!***" Well there is a lot of truth in those three simple words. J.C. Penny once told a group of young executives how he looked at life. He said, "*I am grateful for all my problems. After each problem was overcome, I became stronger and more able to meet those that were still to come. I grew in strength and wisdom through all my difficulties.*"

A Matter of Truth

A major shift in attitude can be made by affirming that through God there will be many channels, and many blessings based on the truth that Jesus taught: There is nothing to fear because God as the source is our supply of all we need, "Fear not, little flock; for it is your Father's good pleasure to give you the kingdom." Luke 12:32

The spiritual truth of this statement, when practiced and applied in our lives will:

1. Free us from all power struggles associated with ego. Spirit leads and ego follows.

A Matter of Truth

2. As we focus on God as our source we are free from looking at others as your source, and instead see them as the channels for our good.
3. As we understand the power we have as co-creators with God through our attitude we will be free to be what we want to be, and not wait for others to give us permission to move forward in our lives.
4. As you move forward in the truth of your being you begin to shift your thinking from the negative, "What I do is not important," to "What I do IS important."

A Matter of Truth

5. When we realize that the real truth about God's good is that it is available to everyone who desires it, there never will be competition for it. The false belief of the winner/lose mind set shifts to the truth that there can be a win/win.

6. Accepting that we are loved unconditionally by God, we begin to believe in ourselves and start practicing and expressing self love. This truth will set us free from worry, fear, self-criticism, and limited ways of thinking.

A Matter of Truth

As we practice living and expressing the divine truth of our being – that God is our divine parent, provider, sustainer, source of all good – we will free you to make the right decisions in all situations and circumstances.

Remember: We can know the truth that will set us free, but unless we use it, practice it, and apply it in our lives, it would be like living with constant constipation, our lives will be blocked from receiving our good.