

UNITY
CHURCH OF BAKERSFIELD
"A POSITIVE PLACE TO GROW!"

Today's Lesson
A Matter of Goals to Gold
PowerPoint notes available at:
www.unityofbakersfield.org

A Matter of Goals to Gold

A tough old cowboy from South Texas counseled his grandson that if he wanted to live a long life, the secret was to sprinkle a pinch of gun powder on his oatmeal every morning.

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The grandson did this religiously to the age of 103 when he died, he left behind 14 children, 30 grandchildren, 45 great-grandchildren, 25 great-great-grandchildren, ... and a 15 foot hole where the crematorium used to be.

A Matter of Goals to Gold

Today we're going to look at how we can turn our goals...

into gold.

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Goal setting has been around for a long time.

It is our attitude of mind that determines how the goals we set unfold.

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As Jesus pointed out many times: Do you see yourself as one of God's beloved sons or daughters? And not just when life is good and everything is going great. But also during those "dark night of the soul experiences" when the whole world seems to be against you or you against it.

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Jesus explains that whatever they desire, whatever they need, it is right there for the taking:
 Fear not, little flock; for it is your Father's good pleasure to give you the kingdom because your Father knows exactly what you need even before you ask him!
 (Luke 12:32; Matt 6:8)

A Matter of Goals to Gold

Ever since I attended my first Unity service on July 10, 1976 I have worked my goals with the understanding that by:

G= Giving
O = Our
A = Attention to
L = Life-
S = Source



All things work out because...

A Matter of Goals to Gold

A study was done years ago on people who set goals and but gave up before they reached their desire result. The study concluded that in the beginning goal setting was fun. However, the activities required to reaching the desired results became labor intensive work requiring huge amounts of time and energy. These people no longer saw these as goals but demands!

The old adage of not working harder but working smarter comes into play here. Think of your goal in terms of playing a game.


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When playing the game of life it is good to remember what Paul told the Romans, "If God be for us, who can be against us?" With God as our coach to help us direct our plan of play so that we may be able to score that goal, we are able to:

See,
Communicate,
Organize,
Redefine,
Examine our goal on a regular basis.


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Here are three steps that helped me attain my goal so I could score by becoming a Unity minister.




Involves looking at our past. This will raise our awareness of who we are because our past identity is the foundation for our future identity. What we are today is the sum total of what we identified with in the past.

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Involves taking time and effort to determine what our values and beliefs are. It may require us to change a negative behavior pattern.



Involves visualizing ourselves achieving our goals. Be it! Live it! Have it!

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By using these steps to help me with my goal I came to realize that what I had done was turn it into gold:

- G = God's**
- O = Omnipresent**
- L = Love**
- D = Demonstrated**