



Today's Lesson
The ITA of Success
Power Point notes available
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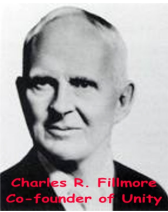
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Charles Fillmore called all the spiritual writings, including the Bible, a roadmap of humanity's spiritual journey, a journey of raising our consciousness to a higher level.

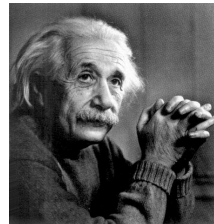
Today's Daily Word speaks to that very idea with the affirmation: *I open my heart and mind to a new order of things.*

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What Fillmore saw through his metaphysical and metaphorical eyes was a system in all these writings that would give us the ITA of success in raising our consciousness to a higher level.

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Einstein understood what Fillmore was teaching when he said, *"Imagination is everything. It is the preview of life's coming attractions."*

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The Buddha taught that, *"We are what we think. All that we are arises with our thoughts. With our thoughts we make the world."*

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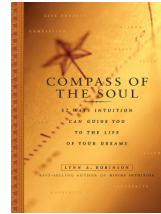
Jesus telling his disciples, *"Do you not say, 'Four months more, then comes the harvest?' But I tell you, look around you, see how the fields are ripe for harvesting."*
John 4:35

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These three activities, when used, show us the formula for success:

Imagination
Thoughts
Affirmations of what is to come.

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In her book, *Compass of the Soul*, Lynn Robinson writes: *Using your imagination means holding a picture in your mind of something you desire. It could be a job opportunity, a wonderful relationship, a beautiful home, or an exciting vacation. The key is to keep your inner focus on the image of what you want to create.*

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Lynn shares some ways in which you can focus your energy:

Use your imagination to picture the outcome you want.

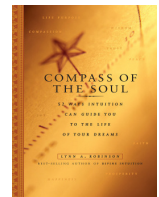
Allow yourself to feel positive emotions around the desire.

Visualize your friends and family being excited for you, as you visualize yourself feeling confident and secure and surrounded by positive and uplifting influences.

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List every idea that comes into your head, then use your power of discernment to discard the ones that aren't in alignment with the goal,

Take the appropriate action when both mind and emotion are in sync with each other. In other words it looks and feels right.



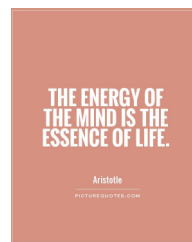
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There's an old adage that states:

"Thoughts are things."

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Someone once said, "It ain't so till your thinking makes it so." These are the thoughts that are associated with the process of our feeling nature. And when this happens energy is generated. After all, a thought is a piece of energy waiting to be used. Or as Aristotle stated...

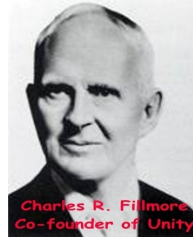
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The beauty of being able to think is that we also get chose the energy company we want to power our thoughts.

The Spirit Unlimited Energy Company provides energy that helps us feel uplifted, enlighten, radiating, and loving.

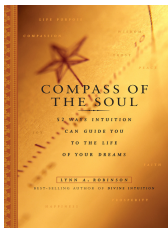
The Ego Limited Energy Company generates the kind of energy that leaves us feeling rotten, tired, used, and unloved.

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Fillmore wrote: The purpose of using affirmations is to help us establish in consciousness a broad understanding of the divine principles on which all life and existence depend.

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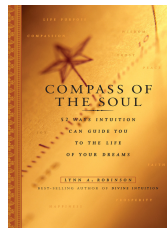


Lynn shares some affirmations that have helped her: look at them together:

I know that I'll feel better soon. Healing is now taking within me.

I am safe, surrounded and protected by a loving wisdom.

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I trust myself to get through this situation. I know I'm strong.

Support is coming from a variety of sources. I am open to receive all loving assistance.

I know that new doors to opportunity will open as I go through this transition.

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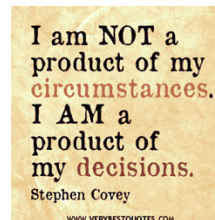
I deserve a life that is balanced, abundant, and full of rich possibilities. I am open and receptive to new avenues of abundance.

I am guided through this day. I know that I will make the right choices.

Good will come out of this situation. I need to be patient as it unfolds.

I have control over how I feel, and right now I am choosing to feel peace, not fear.

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My life is unfolding in new ways. Things will get better as I'm willing to let go of people and situations that drain me. I create space for love and kindness in my life.

I know that the future contains wonderful opportunities for me to flourish and grow.