



Today's Lesson  
**Rowing Your Boat**  
Power Point notes available  
at:  
[www.unityofbakersfield.org](http://www.unityofbakersfield.org)

## Rowing Your Boat



Row, row, row, your boat  
Gently down the stream.  
Merrily, merrily, merrily, merrily,  
Life is but a dream.

## Rowing Your Boat



This morning I would like to look at this ageless song and the words that give us keys to rowing our boat as a:

**B**elief that **O**ffers us  
**A**mazing **T**ransformation.

## Rowing Your Boat

*Row, row, row, ...*

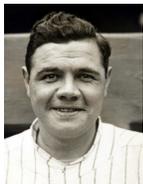
**Row = Is the action needed to move the boat.**

Everything we wish to have demonstrated in our lives begins with some sort of action.

And although Jesus taught that *God already knows your needs before you ask*, He also instructed the people to *ask, seek, and knock*. In other words but it to work with action.

## Rowing Your Boat

We each row in our own way according to the direction we are guided to go.



Life rewards action:  
As Babe Ruth once said, *Never let the fear of striking out get in your way.*

## Rowing Your Boat

Charlene Engel in the booklet The Divine Flow Through Prayer had this to say about the action of rowing:

*What if we didn't row? That is when we drift aimlessly, tossing in the current rather than flowing in it, possibly getting in the way of other boats. But if we are rowing, we are able to avoid other boats and steer our boat so that we flow with traffic than create an obstacle.*

## Rowing Your Boat

**Row, row, row your boat**

**Your Boat = Is the self ownership of our consciousness of being, our beliefs that help us float upon the waters of life.**

What would life be like if we not only had to row our own boat but also had to help others row their boat too?

We have enough to do on the stream of life to keep us busy rowing our own boat. And when we row our own boat we gain a sense of trust that each of us is capable of rowing his or her own boat.

## Rowing Your Boat

Our best contribution to the process is to keep our boat from getting in the way of someone else's.



The best judge of how, when, where, and if to row the boat at all belongs to the individual in the boat. And always make sure you have a paddle.

## Rowing Your Boat

**Row, row, row your boat,  
Gently...**

**Gently = Without force**

During the recent Survivor Series the contestants had several challenges dealing with rowing a canoe. The team that worked together with gentle even strokes won the race and the prize. Those that struggled and forced every stroke, each rowing with total disregard to the others in the boat lost the challenge and the prize.

## Rowing Your Boat

Gently is one of the most powerful words we can use to remind us of how to get to our destination with ease and efficiency.

I once saw a billboard on a highway that read: "*Please drive gently.*"



## Rowing Your Boat

**Row, row, row your boat, gently down the stream...  
Down the Stream = Trusting the current in life.**

Going down stream is always easier than going up stream. Going with God is always easier than going against God or spiritual principle.

When we go down the stream of life, we are trusting God to move us in the same direction.

Going back up the stream of life is like trying to relive your past, it can't be done very easy. And do you really want to do that?

## Rowing Your Boat

**Row, row, row your boat, gently down the stream,  
merrily, merrily, merrily...  
Merrily = Means full of fun and laughter.**

Charlene writes: *So here we are rowing along merrily down life's stream and we have this very important assignment that needs to be done and we're suppose to do it merrily? If we are rowing merrily down the stream, we won't have to worry about the log jams, the whirlpools, the sandbars, the rapids; for with a joyful attitude and heart-felt thanks that God is there we will move along and get our assignment done with a peaceful, fun-loving attitude of mind.*

## Rowing Your Boat

**Row, row, row your boat, gently down the stream,  
merrily, merrily, merrily, *life is but a dream.***

**Life is but a dream = Life is what we make it.**

Life being consciousness, we co-create with God the life we dream. We have the power and the ability to decide exactly what we want and what we wish to be at all times.

We are all individualized expressions of God, just as a drop of ocean water contains all the elements of the ocean, so we too contain all the elements of God.

## Rowing Your Boat

Our bodies are our rowboats that carry us on the waterways of consciousness.

As individualized expressions we are free to express our creative side to bring into manifestation our dreams, our good.

Just remember to keep rowing your boat because our loving Abba , Father, Divine Parent, God wants us to...

**Realize Our Worth - Individualized,  
Never-ending and Good.**