



Today's Lesson

Creating Freedom

Power Point notes available at:

www.unityofbakersfield.org

Creative Freedom



Today's Daily Word message was about our relationship with God. That we are God's beloved:

"I dance in grace, knowing I am a wondrous creation of God"

Creative Freedom



Author, songwriter, artist, Julia Cameron once had this to say about her connection with God and her creative freedom:

I have always had a sense that no matter what I tried to do it would always work out, even though I'm terrified whenever I start a new project. Once I get going I don't know how it will end up.

Creative Freedom



But one thing is certain, God has always manifested through me creative works that were far greater than I could have ever imagined. Any time I feel inadequate at the beginning of a new project, I remind myself that this manifestation process is just "God's carrot" to let me know that I am not powerless to achieve and succeed in my dreams. This has been the key for my creative freedom"

Creative Freedom



In a few days we will be celebrating Independence Day. July 4th is a time to remember and celebrate the idea of freedom. We all desire freedom in our lives and for the most part we try to make it happen, to manifest it to the best of our ability in our life and affairs.

Creative Freedom



As co-creator's with God, we have the ability to manifest into our life many great and wonderful things. **Jesus's promise that we would do the things he did and greater than will we do, was not an idle promise.** If we wish to embrace the power of creative freedom then it is our choice to do so.

Creative Freedom



In the book of John, Jesus is telling the Jews "If you continue in my word, then you are truly disciples of mine; and you will know the truth, and the truth will make you free."

Jesus understood that if you really wanted to be free then you needed to open your mind to being the beloved of God. Follow my instructions, work the program.

Creative Freedom



True creative freedom comes through the working of the law of mind action. As someone once said: ***There is no freedom where the mind is closed.***

The Dead Sea is a prime example of what happens when there is no free flow of water (consciousness).

Creative Freedom



The co-founder of Unity, Charles Fillmore had this to say about our beloved relationship with God and the freedom it brings:

The mind may be compared to the sea, which is calm or stormy according to the wind that moves it. Thought utilizes the substance of the mind and forms that which humanity ideates.

Creative Freedom

A person's whole attitude is determined by the thoughts they allow in their mind. A positive or negative attitude about life, how they view the world, and the experiences they have are all determined by the beliefs they hold in their minds about themselves.

The Mind of Spirit is harmonious and peaceful, and it must have a like manner of expression in our consciousness. When a body of water is choppy with fitful currents of air it cannot reflect objects clearly.

Creative Freedom

Neither can we reflect the steady strong glow of the Omnipresence of God when our mind is disturbed by anxious thoughts, fearful thoughts, or angry thoughts.

When the mind is lashed by a brain storm of negative or positive thoughts the cells of the brain go into overdrive. This may result in our feeling exhausted after a period of heavy thinking. Be at peace and your unity with God-Mind will bring you true freedom in all areas of your life.

Creative Freedom

There are hundreds of songs that project the idea of God's love for us and the beloved relationship we have. They are joyous and affirmative, such as the one we sang today, "I am Free I am Unlimited."

As God's beloved we are free and unlimited to use the principles given to us by our Master Teacher to develop and manifest a life that gives us creative freedom. However, there are times I hear this from people who want this freedom but can't get it to work.

Creative Freedom

Here are some examples of the affirmations turned negative:

Having the creative freedom to try a new principle or idea:

"I'll start using my creative freedom in a month after I've thought about it."

Having the creative freedom to be:

"I will demonstrate creative freedom to be me when I overcome this health challenge."

Creative Freedom

Having the creative freedom to be prosperous:

"I will manifest all kinds of creative freedom when I win the lottery."

Having the creative freedom to experience peace of mind:

"I will start using creative freedom when she or he apologizes to me for what they did to me."

Creative Freedom

Having the creative freedom to express positive, uplifting, empowering thoughts:

"I will begin using creative freedom when everyone sees life my way."

A creative freedom affirmation that addresses all these wants can simply be:

As the beloved of God, I am open and receptive to all that God has for me. My well-being is a day to day process of knowing I am free to create the life God wants for me. Thank you, God!

Creative Freedom

I would like to share an acronym that helps to remind me that creative freedom is mine to choose on a day to day basis.

F	Faith
R	Radiating
E	Effectively
E	Erasing
D	Dissolving
O	Obstacles (in)
M	Mind