

UNITY
CHURCH OF BAKERSFIELD
"A POSITIVE PLACE TO GROW!"

Today's Lesson
The Soul's Desire

Power Point notes available at:
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The Soul's Desire

The question before us today is:
How do you define the soul?
What is the soul?

And for some the soul is that part of the human being that needs to be saved. Which raises another question: *To be saved from what?*

The Soul's Desire

In his book [The Revealing Word](#), Charles Fillmore defined the soul as part of humankind's three fold nature as Spirit (God's I am), soul (the consciousness and unconsciousness minds), and body (which expresses the ideas of Spirit and soul).

The Soul's Desire

The soul's purpose is to bring into existence those ideas from God mind and those formed from human thought. Therefore the soul is the expression of both light and darkness. If there is any saving to be done, it is from the negative thoughts that shut out the light of truth.

The Soul's Desire

Thoughts on what is the soul?

Some believe that the soul is the divine spark, that part of us that never dies.

It is the storehouse of all our lifetime memories.

It is that part of us that knows from right and wrong and stores the all the experiences we manifested based on the outpicturing of the choices we made.

It is the song we sing when it hears the truth that the universe is sending to all it's parts.

The Soul's Desire

Some believe that the soul is the light of God that is within all humankind. That the soul is like a drop of God in the sea of created consciousness as a drop is to the ocean. As rain water it falls on the just and unjust alike, but always returns to the Creator.

The soul is individualized and receives input from all sources, God and ego. When the soul strictly lives only from ego's input it's living and hiding it's true light under a bushel.

The Soul's Desire

In the quest to finding our soul's desire this question must be asked: *What is our ultimate reason for being as we strive to find our soul's desire and happiness?*

For me it comes from learning how to discern the difference between a simple desire and an attachment.

That it's okay to have a desire as long as it doesn't become addictive.

Once I am free from craving and fear, I can enjoy even more of my true soul's desires.

The Soul's Desire

As the master teacher taught: "Strive first for the kingdom of God and all these things will be given to you as well."

My soul's desire has been a process of a:

Spiritual
Outpicturing to
Unfolding
Life

The Soul's Desire

The biggest obstacles to allowing the human soul to express the Divine fully in our life and affairs are the cravings and the addictions to satisfying those cravings.

When the soul becomes attached to ego's cravings, and its full-blown cousin, addiction, it screams, "I must have what I desire if I am to be happy."

For example one can have a simple desire for ice cream and get it, that's great; if we don't get it, it's no big deal. But if I am attached to ice cream, I must have it or suffer.

The Soul's Desire

It has been said that once the soul lives by ego's attachment to things those things distort our spiritual priorities and blind us to the true source of our soul's desire— a conscious connection with the living spirit of God.

Thousands of years ago a great spiritual truth was revealed to help people understand how to let the soul manifest its true desire by learning what it meant to be attached addictively to people, places, and things. The teacher was Buddah and what he gave the people were four simple truths:

The Soul's Desire



The Four Noble Truths are:

- 1) Life is imbued with difficulties and suffering;
- 2) The cause of suffering is attachment;
- 3) Freedom from attachment brings freedom from suffering;
- 4) Freedom from attachment and suffering comes from practicing meditation.

The Soul's Desire

Centuries later, Jesus came on the scene and said:

- 1) In this life you will have trials and tribulations;
- 2) Where your treasure is, there will your heart be also;
- 3) I came that you may have life and have it abundantly;
- 4) Do what I do and you will do greater things than these.



The Soul's Desire



The writer of Matthew has Jesus talking about the soul's attachment to worldly things. *"For what is a man profited, if he shall gain the whole world, and lose his own soul?"* (Matt 16:26).

The Soul's Desire

When stopped on the road by a rich man asking how he could enter into God's kingdom, Jesus responded, "Go and sell everything and give it to the poor." It is reported he went away discouraged because he couldn't do it. Why?

Because everything he believed in was attached to his fortune and the benefits that his fortune gave him. He had gained the world by being attached to the physical and not the spiritual aspects of being.

The Soul's Desire

Think about it. What are you attached to that symbolizes the "rich man on the road" saying to the Master Teacher, *"But if you take away my reason for being, I'll be reduced to nothing."*

Ego has a very strong influence on our thoughts and actions. In the quest to finding your soul's desire, so again this question must be asked:

What is our ultimate reason for being as we strive to find our soul's desire and happiness?

The Soul's Desire

Here are four guidelines to help understanding the soul's desire:

- 1) Learning how to discern the difference between a simple desire and an attachment.
- 2) Know that it's okay to have a desire as long as it doesn't become addictive.
- 3) Once you are free from craving and fear, you can enjoy even more of my soul's desires.
- 4) Remember that Jesus taught: "Strive first for the kingdom of God and all these things will be given to you as well."

The Soul's Desire

As you continue your quest for the soul's desire, remember what the Greek philosopher Democritus (460-370 BCE) said:

