



Today's Lesson
The Soul's Light

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The Soul's Light



"You are the light of the world. A city set on a hill cannot be hidden; nor does anyone light a lamp and put it under a basket, but on the lampstand, and it gives light to all who are in the house. Let your light shine before men in such a way that they may see your good works." Mat 5:14-16

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In his book The Revealing Word, Charles Fillmore had this to say about the soul's light:
Light is a symbol of wisdom, the understanding principle in mind that illuminates the world from the center of one's being.

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Someone once said, "We are told to let our light shine, and if it does, we won't need to tell anyone it does. Lighthouses don't fire cannons to call attention to their shining-they just shine."

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In the world in which we now live, how do we let our light just shine?

We can start by remembering our ABC's:

- A - Avoid negative people, places, things, and habits.
- B - Believe in yourself.
- C - Consider all things from every angle.
- D - Don't give up on your dreams.
- E - Enjoy today, yesterday is gone, tomorrow will always be in the future.

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- F - Family and friends are the only true treasure worth having.
- G - Give and it will be given to you. As you give so will you receive.
- H - Help others by lifting them up.
- I - Insulate yourself by creating healthy boundaries around your energy.
- J - Join with others to create positive change in the world.
- K - Keep moving no matter how hard it seems.

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L - Love yourself first.

M - Make whatever you do count.

N - Never try to get something for nothing. The universe does not deal in the law of even exchange.

O - Open your "inner" eyes so that you may see what needs to be seen.

P - Patience and practice will go along way in reaching your goals.

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Q - Quiet moments of reflection will recharge and renew you mind, body, and spirit.

R - Read, study, learn all you can about everything that is important to you.

S - Stop procrastinating.

T - Take control of your destiny. Don't let life control you.

U - Understand yourself in order to understand others.
Plato: *"An unexamined life is not worth living."*

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V- Visualize it. *"Without vision, the people will perish."*

W- Walk your talk and work to make it happen.


X- X ray the surface issues in life in order to see what lies beneath so you can heal them.

Y - You are unique. There is only one of you, an individualized expression of the Christ ideal.

Z - Zero in on your target. Aim for what you want and then go for it.

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And from someone who truly let his soul's light shine we have this bit of wisdom.



"As we let our own light shine, we unconsciously give other people permission to do the same."
Nelson Mandela 1918-2013